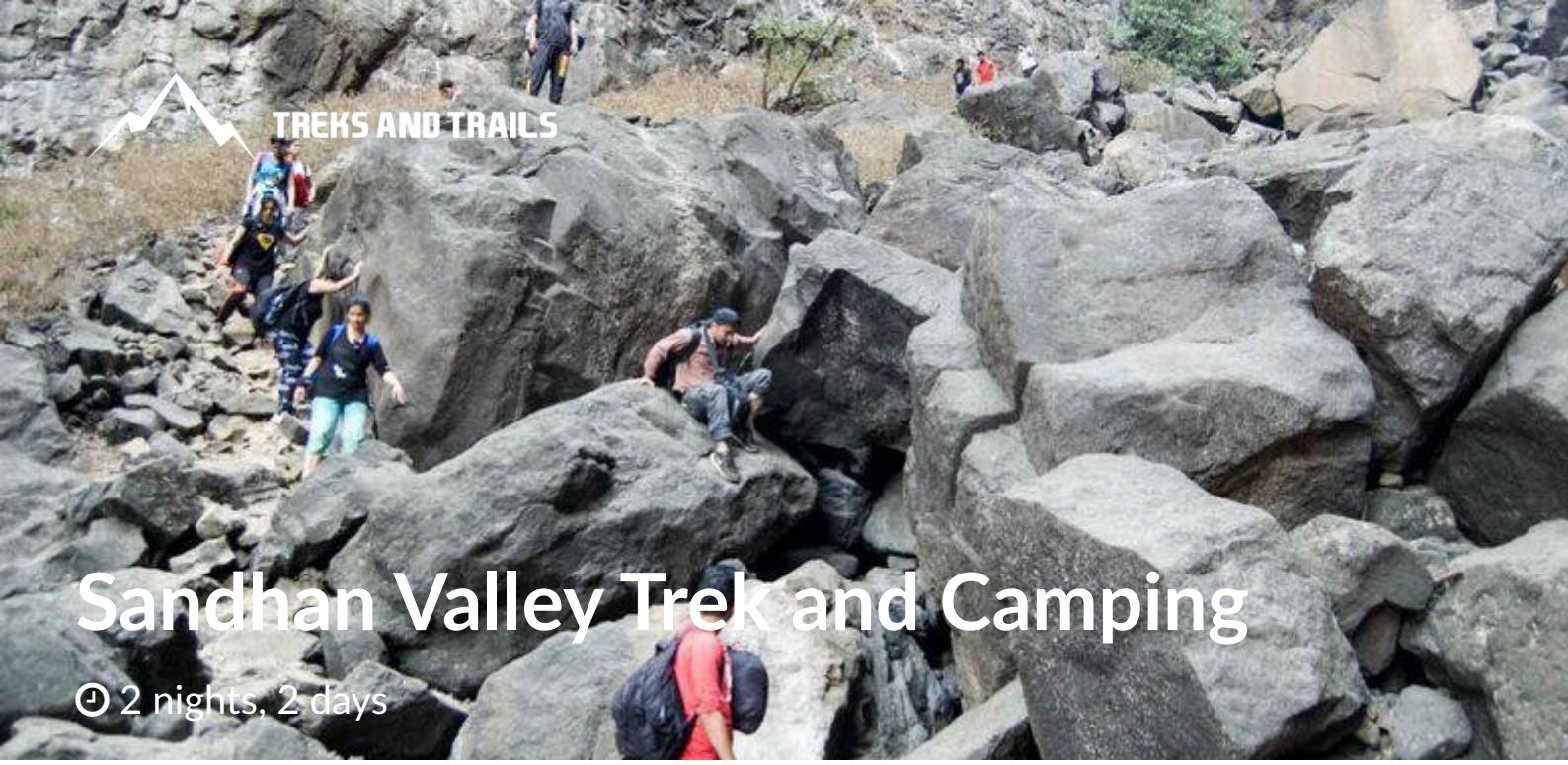


Sandhan Valley Trek and Camping

2 nights, 2 days

Overview

Sandhan Valley Trek and Camping

The Valley of Shadows – A Must-Visit Adventure in Maharashtra

Sandhan Valley, famously known as the *Valley of Shadows* or *Valley of Suspense*, is a breathtaking natural wonder nestled in the Sahyadri Western Ghats of Maharashtra. This water-carved canyon, 200 feet deep and stretching 1.5 km, is a geological marvel and a haven for adventure enthusiasts. Located in the stunning Bhandardara region near Samrad village, Sandhan Valley is surrounded by iconic peaks like Alang, Madan, and Kulang (AMK – known as the toughest trek in the Sahyadris), Ratangad, Ajoba, and Kalsubai, the highest peak in Maharashtra at 5,400 feet.

What makes Sandhan Valley truly unique is its dramatic terrain. The gorge, flanked by towering rock walls, narrows to less than 3 feet in some sections, creating an enchanting interplay of light and shadow. In certain areas, sunlight doesn't reach the ground, giving the valley its mystical name, the *Valley of Shadows*. This trek combines thrilling activities like trekking, rappelling, and camping under a sky blanketed with stars – an unforgettable adventure for any explorer.

While Sandhan Valley's rugged beauty is unmatched, it can be daunting for first-time trekkers. Challenges like navigating narrow paths, steep descents, and rock patches require guidance and preparation. That's where a community-based trekking group becomes essential. Experienced guides not only ensure your safety during this moderate-

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to-difficult trek but also handle logistics like permits, equipment, and food, so you can focus on soaking in the experience.

For those seeking camaraderie, trekking in a group creates opportunities to connect with like-minded adventurers, share stories, and forge lifelong memories. Sandhan Valley isn't just a trek; it's an experience that blends natural wonder, adrenaline, and community spirit.

Whether you're a seasoned trekker or an adventure newbie, Sandhan Valley offers a once-in-a-lifetime journey into Maharashtra's best-kept secret. Join us to conquer this incredible trek, and let's turn your challenges into cherished memories.

Sandhan Valley Trek booking will be open till Thursday only 5 pm.

Event Details Sandhan Valley Trek

Explore the magical *Valley of Shadows* with this unforgettable trekking and camping experience! Here's everything you need to know:

- **Trek Region**: Ghatghar, near Bhandardara, Maharashtra.
- **Trek Duration**: 2 days and 2 nights.
- **Trek Difficulty**: Moderate to Difficult – suitable for experienced trekkers or those seeking a challenge.
- **Endurance Required**: High – physical fitness is essential due to steep descents and rocky terrain.
- **Weather**: Pleasant, but nights can be chilly, so pack accordingly.
- **Best Time to Visit**: October to March – ideal for clear skies and comfortable trekking weather.
- **Activities Included**: Trekking, rappelling, rock patches, and camping under the stars.
- **Cost**: Rs 2,699 Per Person.

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Sandhan Valley Full Descend Itinerary 量

Day 0 - Friday Night

Catch the 10:50 PM CSMT-Kasara Fast Local (Don't miss the train or the event!)

- **10:50 PM** CSMT
- **10:57 PM** Byculla
- **11:05 PM** Dadar
- **11:13 PM** Kurla
- **11:18 PM** Ghatkopar
- **11:30 PM** Mulund
- **11:34 PM** Thane
- **11:50 PM** Dombivli
- **12:01 AM** Kalyan
- **01:12 AM** Kasara

Gear up for an unforgettable trek adventure!

Day 1 - Saturday

01:30 am Gather at the meeting point (Kasara Station) and leave for the base village in Pre-booked Vehicles.

05:00 am Reach base village and rest for a while

06:30 am Breakfast.

07:00 am Post briefing, Start full descend trek towards Sandhan Valley.

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01:30 pm Lunch en route after crossing the rappelling patch.

04:00 pm Evening tea.

05:00 pm Rest and freshen up at the campsite

08:30 pm Dinner & Night Stay under open Sky in Tents.

Day 2 - Sunday - Sandhan Valley Trek Route

06:30 am Wake up and have a hot Breakfast.

07:30 am Start descending toward Dehne village.

10:00 am Reach Dehne village and start travel from Dehne village to Asangaon Railway Station

11:00 am Reach Asangaon station.

You can board the 11:47 AM CSMT Fast Local or 12:56 PM CSMT Fast Local for Mumbai

Please note

- **Sandhan Valley Trek booking will be open till Thursday only, as insurance is compulsory for this trek.**
- **Trekking shoes: Participants wearing Sandals / Sports Shoes / Running Shoes / Repaired shoes will be returned from Kasara/Samrad without a refund, Trekking shoes are a must.**
- **Please do your research on the Sandhan Valley trek before registering.**
- **If you are coming by your own vehicle, you'll sent to Samrad village by Karole ghat with locals.**
- **Torch with new batteries - Compulsory per person**
- **Missing the train is missing the Sandhan Valley trek, no refund will be provided.**
- **Separate Stay for Male and Female.**

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Itinerary

1. Are toilets available during Sandhan Valley Trek Route ?

No, Toilets are available at base village samrad and after the trek is completed at Dehne Village

2. Food available ?

Basic veg food is available prepared by locals

Breakfast - Poha and Tea

Main Meal - Bhakri / Sabzi / Rice / Daal / Papad / Pickle

3. Can we self drive till Samrad village ?

You would need driver as starting point of trek sandhan valley and end location of trek are different and 3 hours by car.

4. Numbers of days required for this trek ?

Two days are required and two nights

5. Where can we park our cars for trek sandhan valley ?

Samrad village and parking is available

6. Do you provide sleeping bags?

Sleeping bag NO - For hygiene reasons we don't provide sleeping bags

7. Do Single Travellers Female signup for these events ?

We have 60 - 40 % or more Male - Female ratios on our events

Many Single Travelling Female join our events

8. Are Kids allowed on treks sandhan valley?

Kids below 15 with Parents supervision only

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9. Phone Connectivity ?

Limited phone connectivity available for most cellular services

10. Where will we stay ?

1. First night at villagers house dormitory
2. Second night after sandhan valley trek we will stay in Jungle

11. Is cash payment or spot payment accepted ?

Cash payment is not accepted

- Registration against 100% upfront payment only via Paytm / UPI / NEFT / IMPS / Payment Getaway on the spot payment not accepted
- We need to book in advance bus / jeep and make other arrangements upfront payment is must

12. Will i get bottled water ?

Normal well water shall be provided

You can buy water purify tablets from medical

13. Can i charge my phone ?

No electricity. Please carry a power bank if required

14. How is the weather now ?

Winter Temperatur Night 10 - Day 30°C approx.

Summer Temperature Night 17- Day 39°C approx.

Monsoon it rains very heavily please double pack your expensive phones and gadgets

15. Can we smoke or drink alcohol ?

People caught smoking or drinking alcohol will be asked to exit event on immediate basis without refund.

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16. Can we listen to music on bluetooth speaker ?

- Listening to music on earphones or bluetooth speaker is not allowed while trekking
- Bluetooth speaker not allowed inside homestay or resting place.

17. How do i make payment ?

You can pay online on our website in how to register tabs.

18. Hotels near Sandhan Valley Bhandardara?

List of Hotels Bhandardara

- MTDC Bhandardara
- Anandvan Resort
- Yash Resort
- Hotel Samadhan
- Locals offer homestay dormitory boards can be easily spotted along the road

19. Things to do near Sandhan Valley ?

- Sandhan Valley Giant Swing conducted by Proboscis Training & Adventures
- Visit Ghatghar Dam
- Ratangad Trek
- Kalsubai Trek
- Bhandardara Camping
- Alang Madan Kulang Trek
- Astro Photography Bhandardara - contact us highfive@treksandtrails.org
- Ghatghar Kokankada
- Visit Wilson Dam
- Boating at Bhandardara Lake

20. Sandhan Valley Trek Pune ?

Please read event itinerary tab on how to reach kasara for Pune participant

21. Sandhan Valley Trek Mumbai ?

Please read event itinerary tab on how to reach kasara for Mumbai participant

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In case your question is not listed above you can email us highfive@treksandtrails.org

Inclusions

- Travel cost from Kasara to Samrad and from Dehne to Asangaon Railway station. (with transport option)
- Day One Saturday - 1 veg breakfast, 1 veg packed lunch, evening tea and 1 veg dinner.
- Day Two Sunday - 1 veg breakfast.
- Equipments, expertise, Guide charges and Treks leader expertise
- Rappelling
- Tent Stay on Saturday Night on sharing basis.
- First Aid

Exclusions

- Mineral water/lime water/ purchased for personal consumption
- All kinds of Extra Meals / soft drinks ordered.
- Any kind of personal expenses.
- Any kind of cost which is not mentioned in the cost includes above.
- All expenses incurred due to unforeseen and unavoidable circumstances like roadblocks, bad weather.
- Any medical / Emergency evacuations if required.

Highlights

- Mask and Sanitizer
- Trekking shoes
- Sleeping bag, carry matt
- Torch with extra batteries – Compulsory per person
- A haversack to keep hands free
- Water 3 liters (use reusable water bottle)
- One extra pair of clothes, a sweater
- Ready to eat food, like plum cakes, chocolate bar, some snacks & biscuits, etc.

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- Winter clothes
- Camera (Optional) - Get Dry Bag to keep clothes and electronic gadgets dry
- Electoral or Enerzyl Powder or Glucon D powder
- Personal medicines. Sweaters if required
- Please do not carry handbags or jholas for this trek
- Bed sheets, please carry your personal tea mugs, spoon, and a small Swiss-knife
- Personal Medicine and First Aid
- Identity proof (must)

Covid Safety Guidelines

- Before planning for any adventure activity, please improve your minimum physical fitness. Most of us have been at home for a lockdown period.
- Please convey your real medical conditions to Treks and Trails India while enrolling for the event.
- Kindly wear three-layered masks, N95. Carry an extra disposable mask with you. Please ensure all participants, leaders, staff, and general persons wear masks before interacting with them.
- Carry with your hand wash, sanitizer bottle, and clean your hands before touching food and objects.
- Cover-up wear full sleeves shirts and full pants, hiking shoes, caps, and face bandana over your mask. Covering up will help reduce exposure to the Covid19 virus.
- Bring your food and water with necessary cutlery like utility mug, fork, and spoon. Your mug can be used for cooking, eating, and drinking water. Carry your reusable water bottles; please don’t share with others.
- Cooperate for temperature checks, questions reading any symptoms, and oxygen level checks; these are done to help you limit the spread of the virus. All these checks will be conducted multiple times during the activities.
- Kindly do not register for the event or travel if you have come in contact with someone who has Covid19 in the last 14 days.
- If you have any symptoms like fever, dry cough, weakness, body aches, etc., at the time of screening. You won't be able to participate in the event. You will have to be evacuated on the medical condition and should report to the nearest healthcare center.

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- Maintain a distance of six feet or more while sleeping at night. Incase distance is not possible, try sleeping in a criss-cross manner to avoid face proximity.
- Please bring your garbage back to the city and dispose of it in your bin.
- Consuming any alcohol, cigarettes, pan masala, tobacco, drugs should be avoided; they induce a lot of spitting, urinating, and passive smoke, which can be harmful for the general population.
- Avoid touching new surfaces and touching your mask and face continuously.
- If your adventure destination is overcrowded, be prepared to change your location or wait for the crowd to reduce.
- If any participant, trek leader test positive after returning from the event within 14 days of the Activity. They should maintain transparency and inform Treks and Trails India. It will help all others isolate themselves and get tested. Participants and Treks and Trails will cooperate to help manage the situation.
- Carry your own personal gear.
- Keep the conversation with unknown people to a minimum and maintain a distance of more than 6 feet while talking.
- Avoid speaking with the general population and maintain distance to keep yourself safe in these difficult times.
- Participant need to install the Arogya Setu app

Cancellation Policy

- 75% refund if notified via phone conversation 8 or more days prior to the event date.
- 50 % refund if notified via phone conversation 4 to 7 days prior to the event date.
- No refund if the cancellation requested is less than 3 days prior to the event date
- No show No Refund.
- Event Tickets cannot be transferred to another date against cancellation.
- Event Tickets cannot be transferred to another person against cancellation.
- If Trek gets canceled we will refund "Trek Amount" only.
- If the event is canceled due to any natural calamity, political unrest or other such reasons beyond our control the same cancellation policy will apply.

Treks and Trails Event Rules

- Kindly carry one Identity proof, at least for the trek with your address.

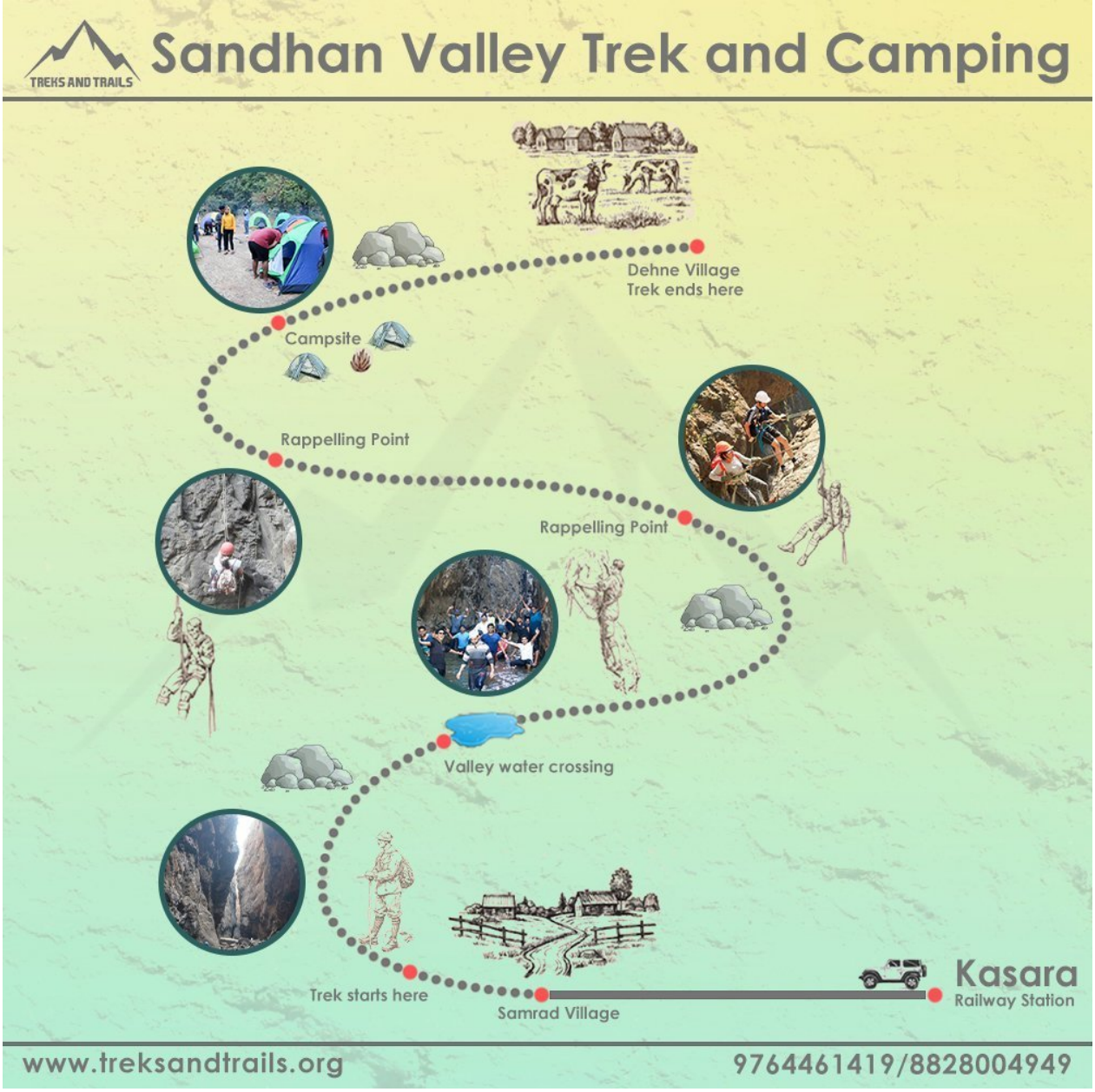
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- We all are going for an adventurous and exciting trekking expedition; please Do Not misinterpret it as a PICNIC or LEISURE TOUR.
- The leader's decision will be final, and all the members should abide by it.
- We do not destroy or dirty the archaeological, historical monuments, natural habitat on the trek.
- Swimming is not allowed in the lake or water tank on the forts. Locals use that water for drinking.
- Putting your feet in water tanks or on the canon is not allowed on our treks.
- Any addiction is strictly prohibited, e.g. drinking, smoking, chewing tobacco anyone caught doing it will have to exit the trek without a refund and travel back on own expense.
- People caught smoking or drinking alcohol will be asked to exit the event on an immediate basis.
- Please do not carry or wear any valuables, ornaments, jewellery, etc. If carried, then we Do Not take any liability for the same.
- Rock Climbing, Rappelling, Trekking, or any adventure activity is potentially risky. For all these events, you are at your own risk. Organizers are not responsible for any accident or compensation in whatsoever manner.
- We should strictly follow the code of conduct to avoid troubling our fellow trekkers or other people from our group or outside.
- Listening to music on earphones or Bluetooth speakers is not allowed while trekking.
- Bluetooth speaker not allowed inside the homestay or camping tents.
- Drinking/smoking,/eating is not allowed inside the tents.
- If you damage the tent, break the tent poles, you will have to pay us for the whole new tent on MRP.
- If you are late for the bus pickup and are not reachable on the phone during your bus pickup, the trek leader will leave without you, and we will provide no refund.
- Please check things to carry and wear trekking shoes on our treks.

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Route Map



Activity	Trekking
Destination	Bhandardara
Duration	2 Day 1 Night

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Reviews